

Day	Course		Menu Item	Meat Type	Portion Size	Hot or Cold	DIETARIES	Dairy Free	No Gluten	Halal	Nut Free	Vegan	Vegetarian	Pescatarian	ALLERGENS	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide	None	Revised Date
MONDAY	Everyday	Normal	Baguette Slice		1	Cold		✓		✓	✓	✓	✓	✓					Contains												12.08.2020
			Salad Bar			Cold		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
	Lunch	Normal	Corned Beef and Cheese Hash with Herby Tomato Sauce	Beef	180g	Hot			✓		✓										Contains								Contains		12.08.2020
			Peas		50g	Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
		Vegetarian	Broccoli and Cheese Hash with Herby Tomato Sauce		180g	Hot				✓	✓		✓	✓					Contains	Contains											12.08.2020
			Menu B - No Dairy Cheese		180g	Hot		✓		✓	✓								Contains												12.08.2020
TUESDAY	Dessert	Normal	Water Melon Wedges		1	Cold		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
	Lunch	Normal	Roast Chicken Breast	Chicken	1	Hot		✓	✓	✓	✓																		Contains		12.08.2020
			Roast Potatoes		2 Nursery 3 School	Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
			Mixed Vegetables (Swede, Carrots and Cauliflower)		50g	Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
			Gravy		20ml	Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
		Vegetarian	Falafels		2 Nursery 3 School	Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
		Special	Yeast Free Gravy		20ml	Hot		✓		✓	✓	✓	✓	✓						Contains											12.08.2020
WEDNESDAY	Dessert	Normal	Butter Flapjack Triangle		1	Cold				✓	✓		✓	✓						Contains	Contains										12.08.2020
		Special	Gluten and Dairy Free Flapjack		1	Cold		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
	Lunch	Normal	Classic Beef Lasagne	Beef		Hot					✓									Contains	Contains										12.08.2020
			Cucumber Sticks		2	Cold		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
			Garlic Bread		1	Hot		✓		✓	✓	✓	✓	✓						Contains											12.08.2020
		Vegetarian	Minced Mushroom Lasagne			Hot				✓	✓		✓	✓						Contains	Contains										12.08.2020
		Special	Menu A - Gluten Free Beef Lasagne	Beef		Hot		✓			✓										Contains										12.08.2020
			Menu B - Dairy Free Beef Lasagne	Beef		Hot		✓			✓									Contains											12.08.2020
			Menu A - Gluten, Dairy & Soya Free Mushroom Lasagne			Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
			Menu B - Dairy & Soya Free Mushroom Lasagne			Hot		✓		✓	✓	✓	✓	✓						Contains											12.08.2020
			Yeast and Tomato Free Gravy			Hot		✓		✓	✓	✓	✓	✓						Contains							Contains				12.08.2020
			Gluten Free Garlic Bread		1	Hot		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020
	Dessert	Normal	Fresh Natural Mango Yoghurt		75g	Cold			✓	✓	✓		✓	✓							Contains							Contains			12.08.2020
		Special	Dairy free Soya Yoghurt		1	Cold		✓	✓	✓	✓	✓	✓	✓														Contains			12.08.2020
			Soya Free Strawberry Jelly		1	Cold		✓	✓	✓	✓	✓	✓	✓															Contains		12.08.2020

VERSION 1 ALLERGENS - Schools Menu September 2020																WEEK FOUR																12.08.2020		
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THURSDAY	Lunch	Normal/ Vegetarian	Cheese, Sweetcorn and Spring Onion Potato Boat		1	Hot		✓	✓	✓	✓		✓	✓								Con tain s										12.08.2020		
			Baked Beans		135g	Hot		✓	✓	✓	✓	✓	✓	✓																	Con tain s	12.08.2020		
	Dessert	Special	Dairy Free Cheese, Sweetcorn and Spring Onion Potato Boat		1	Hot		✓	✓	✓	✓	✓		✓																	Con tain s	12.08.2020		
			Normal	Fresh Fruit Salad		75g	Cold		✓	✓	✓	✓	✓	✓	✓																	Con tain s	12.08.2020	
FRIDAY	Lunch	Normal	Creamy Smoked Salmon and Pea Penne Pasta Bake	Salmon	180g	Hot				✓	✓			✓					Con tain s	Con tain s		Con tain s											12.08.2020	
			Carrots		50g	Hot		✓	✓	✓	✓	✓	✓	✓																	Con tain s	12.08.2020		
		Vegetarian	Creamy Mushroom and Pea Penne Pasta Bake		150g	Hot				✓	✓			✓	✓					Con tain s		Con tain s												12.08.2020
			Special	Menu A - Gluten Free Cheddar Cheese and Smoked Salmon Gluten Free Fusilli Pasta Bake	Salmon	180g	Hot			✓		✓	✓			✓	✓				Con tain s		Con tain s											
	Menu B - Dairy & Soya Free No Dairy Cheese and Smoked Salmon Penne Pasta Bake	Salmon		180g	Hot		✓		✓	✓	✓	✓	✓	✓					Con tain s	Con tain s														12.08.2020
	Dessert	Normal	Fresh Cream Profiteroles with Chocolate Sauce		2	Cold				✓	✓			✓	✓				Con tain s	Con tain s		Con tain s								Con tain s				12.08.2020
			Special	Gluten, Dairy and Egg Free Chocolate Cake		1	Cold		✓	✓	✓	✓	✓	✓	✓																	Con tain s	12.08.2020	

Despite the significant efforts we go to, we cannot eliminate the risk of cross contamination and therefore cannot guarantee that any of our dishes are 100% free of allergens